## PERSONAL TRIGRAM

Name:

Gender:

Date of Birth:



SE Xun 巽 —— —— WOOD 4	S Li 離	SW Kun 坤 二 二 二 二 EARTH 2
E Zhen 震 二 二 WOOD 3	CENTER 中 EARTH 5	W Dui 兌 —— METAL 7
NE Gen 艮 ——— ——— EARTH 8	N Kan 坎 二 二 WATER 1	NW Qian 乾 <u></u> METAL 6

## **Master Trigram**

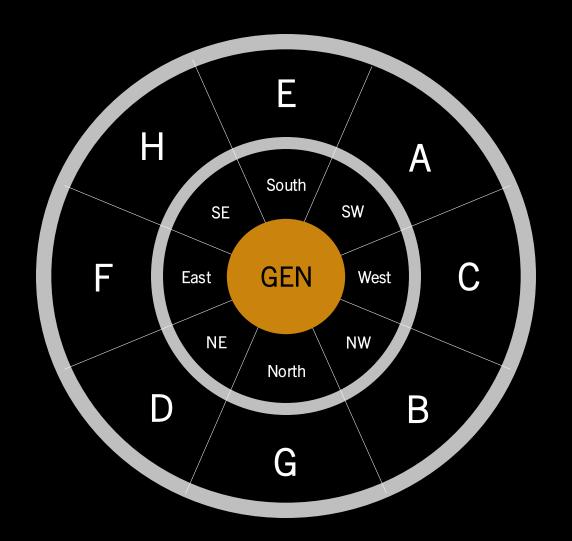
## **Your Personal Trigram**

Gen R

Symbology: Mountain

Element: Earth

Elemental Color: Tan, Yellow, Earth tones



From A to H, shows the favorable and unfavorable directions. A, B, C and D are favorable directions for you. E, F, G and H are directions to avoid. See below for the best and worst directions for various activities.

- Southwest (A) Best entrance location for head of the house. Best direction for productivity.
- Northwest (B) Best bedroom location for elders or parents.
- ❖ West (C) Beneficial for good health. Best direction for sick person.
- Northeast (D) Best location/direction for the bed and to receive a good night's sleep.
- South (E) Accidents, disasters and trouble are likely.
- East (F) Misfortune and/or fatal attractions are possible.
- North (G) Malicious influences are likely.
- Southeast (H) Unproductive in career and finances.

The Trigrams are always based on the sitting direction.

How to determine the sitting and facing for a person? Consider the front of you as the facing and the backside as the sitting. For example, your most favorable direction for productivity is SW. When you orient yourself at the desk, your back should point towards SW. It is similar in your sleeping direction. Your most favorable direction for the bed is NE. When you are lying in bed, your head should point towards NE. When you sit up in your bed, your back should point towards NE.

In general, direction B is a good direction for all people if they are not feeling well. Avoid having your bed to the directions E, F, G and H. These are not restful and are uncomfortable directions.